

THE REGIONAL NEWS BULLETIN

The **Quebec Regional Service Committee of Narcotics Anonymous**

"The Region"

is made up of an admin team, the representatives of the Regional subcommittees, and the Regional committee members (RCMs) who represent the 16 Area Service Committees (ASCs) of Quebec at the Regional table.

The Region exists as the interface between the local fellowship – groups, service committees, and areas - and the worldwide fellowship of Narcotics Anonymous.

Our goal is to foster unity and cooperation in Narcotics Anonymous in the region of Quebec. We work on projects in the interest of our common welfare and to further our primary purpose – **to carry the message to the addict who still suffers.**



PUBLIC HEALTH MEASURES

Unfortunately, we are still in the grips of the pandemic that has plagued us for over a year. A new procedure intended for our meetings has been produced because of the new health measures that are currently in effect. An attendance register has been created. These documents are updated regularly and it is important that our groups use them. Remember, "if the reputation of Narcotics Anonymous is compromised in the public eye, the lives of some addicts are in danger."

It Works: How and Why p.181

Did you know that you can attend some NA meetings via a phone line?
Call 1 (844) 255-0836

The QRCNA 34 Admin positions have been filled by trusted servants. Be on the lookout for the upcoming sub-committee meetings to become a part of this great team!

During the last regional meeting, the 2021-2022 budget forecast and the 2021-2023 strategic planning were endorsed by the Quebec Regional Service Committee. If you want to find out more, join us in May!

QRITS

The naquebec.org website will soon be available in English since we are a bilingual region.

QRTS

A survey is currently under way on the Facebook page "NA - Le nous" in order to identify the translation priorities and to find a french translation to the book title "Living Clean".

OPEN POSITIONS TO VOTE DURING THE ELECTIONS ON MAY 29th AND 30th

Admin of the QRSC: Alternate delegate
& Trusted servants support and alternate
YCNA 26: secretary and alternate &
alternate treasurer

QRPRS: alternate secretary

QRTS: secretary and alternate

QRLS: Vice chairperson

Conventions Resources: one mandate

Are you passionate about the **Twelve Concepts of NA Service**? Don't know what they are? Want to learn more about them? From now on, following our lunch break at the regional meetings, we'll take 30 minutes to discuss them. Join us!

A REGIONAL DECISION

If an Area Service Committee (ASC) or sub-committee there of requires financial support from the QRSC, it shall send the request in advance, to the respective Regional Sub-Committee with the following documents:

- ▶ Provide a complete treasury report, which includes, but is not limited to, its budget forecast with an updated actual, bank account balance and EPSS;
- ▶ Provide the requested invoice from the service or merchant;
- ▶ Provide a document explaining the request/need and stating, if applicable, the portion it is willing to disburse.

How do you work a « 12th step » during a meeting or a convention?

Following a request by the Montreal Area Service Committee (ASC), the RSC set-up a committee to answer that question. Their mandate is to create a training that will render the practice of this step consistent across all the groups of the province.



LITERATURE

Have you ever read the pamphlet "Social Media and Our Guiding Principles"? It teaches us that we all have a responsibility to maintain the credibility of Narcotics Anonymous on social media. Curious? Does this issue resonate with you? A French version is available online at na.org.

A New Admin service positions for the Quebec Regional Service Committee (QRSC) to fulfill the needs of the strategic plan. We are implementing mentoring within the Quebec Regional Service Committee to support the trusted servants. A new Trusted Servant Support (TSS) and alternate are new positions. These service positions will be up for elections at the May 2021 regional assembly.